

<b>Swimmer Profile</b>	
<b>Name:</b> Elena Forlong	<b>Age:</b> 16
<b>Club:</b> Wanganui	<b>Coach:</b> Andy McLay
<b>About</b>	
<b>Greatest achievement in swimming:</b>  Qualifying for the Australian Age Group Champs in 2015 for the 16 and under NZ team and coming 8 <sup>th</sup> in the 200 fly final	
<b>Major goals for the next 2 years:</b>  I want to continue improving in all areas of swimming and maybe go to the Commonwealth Games	
<b>What is your pre-race ritual?</b>  Listening to music in marshalling then jumping around when I'm behind the blocks	
<b>If you could only eat one thing for the rest of your life what would it be?</b>  Chocolate Brownie	
<b>Who or what inspires you and why?</b>  Sophie Pascoe as she is an amazing athlete at any standard of competition	
<b>School/University/subjects/company/position?</b>  Year 13 student at Wanganui High School	